

BROWARD SHERIFF'S OFFICE



**SHERIFF
GREGORY TONY**

**KEEPING
KIDS SAFE**

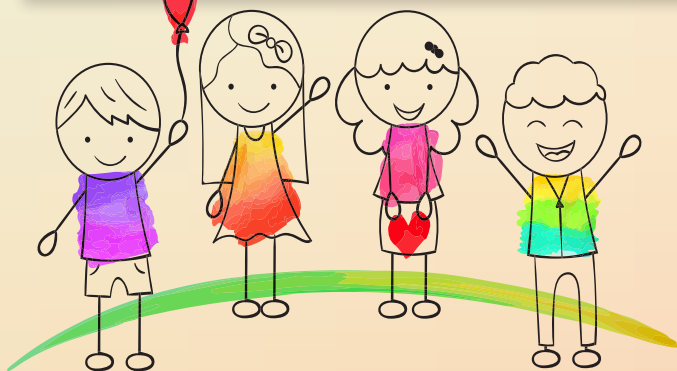


Every year in the United States,
more than 12,000 CHILDREN,
about **32 A DAY**, are killed from
unintentional injuries.

Accidental injuries are the leading cause of death among children in the United States.

The most common causes of injuries leading to death among children include **motor vehicle crashes, suffocation, drowning, poisoning, fire** and **burn**-related injuries and falls.

Preventing injuries can be challenging, but the steps taken to protect children are essential. It is everyone's responsibility to **Keep Kids Safe**.



ACCIDENTAL SUFFOCATION

- Babies sleep safest **ALONE, ON THEIR BACK, IN A CRIB**.
- Place babies to sleep alone in a crib or bassinet on a firm mattress, covered by a fitted sheet only.
- Always keep a baby's crib or bassinet **FREE FROM TOYS, SOFT BEDDING, BLANKETS**, and **PILLOWS**.



- Keep babies in areas that are always **SMOKE-FREE**.
- Dress babies lightly for sleep to avoid letting the baby get too hot.
- Keep sleeping areas **WELL-VENTILATED** and at a comfortable temperature.
- Offer a **PACIFIER** at nap time or bed time, free of cords or clips.
- Teach **CAREGIVERS** the safe sleep practices of always placing a baby to sleep alone, on its back, in a crib.

DROWNING PREVENTION

Provide constant, close and competent adult supervision of children at all times, in or near the water.



Pools and spas should always be closed and equipped with barriers and alarms.

Learn how to perform rescue breathing and CPR. Keep a phone and rescue equipment poolside.



Enroll your child into swim lessons.

Install and maintain drain covers that prevent entrapment and entanglement.



WATER EMERGENCY PLAN

- 1 REMOVE VICTIM FROM THE WATER**
- 2 IF YOU ARE ALONE, CALL 9-1-1. IF YOU ARE WITH SOMEONE, HAVE THEM CALL 9-1-1**
- 3 PERFORM CPR IF NECESSARY**

GIVE TWO BREATHS: If the victim is not breathing normally, pinch their nose and cover their mouth with your mouth and give two full breaths.

PUSH 30 TIMES: Position your hands in the center of the chest. Place one hand on top of the other. Push down hard and fast 30 times pressing down on the chest at least two inches.

REPEAT STEPS 1 AND 2 UNTIL HELP ARRIVES.

For more info visit WATERSMARTBROWARD.ORG

MOTOR VEHICLE

- Every 33 seconds, one child under the age of 13 is involved in a crash.
- Slow down! Don't drive impaired.
- **BUCKLE UP!** Every Ride! Every Time!
- A **HOT CAR** can be **DEADLY**— always look before you lock.
- Choose the right car seat for the child's age, weight and height.
- Always walk around the vehicle before backing up.
- All **CHILDREN UNDER 13** should ride properly buckled in the back seat.
- Call 9-1-1 to report a crash or suspicious activity.



FOR MORE INFORMATION PLEASE VISIT SHERIFF.ORG



FIRE SAFETY

- Install smoke alarms in every bedroom, outside each sleeping area, and on every level of the home.
- Have an emergency escape plan and practice it with your family.
- Teach children what smoke alarms sound like and what to do when they hear one.
- In case of a fire, get out and stay out.
- Place all lighters and matches out of reach of children.
- Use flameless candles.
- Keep kids away from cooking areas.
- Always pay close attention while cooking.
- Dial **9-1-1** when there is a **MEDICAL, FIRE** or police **EMERGENCY**.



BABY SAFETY TIPS

» Secure **television, bookcases, and dressers** to the wall

» Use **cordless** window treatments and clear the room of strings, electrical cords, and wires

» Always watch a child in the **bath**
» If a child is missing, check the **water** first

» Keep button batteries and choking hazards away from children

» Install **smoke alarms** in every bedroom, outside each sleeping area, and on every level of the home
» Place all lighters and matches out of reach of children

» Screens are not designed to **prevent falls**; You can protect children by safeguarding windows with **window stops**

» Babies sleep safest **ALONE**, on their **BACK**, in a **CRIB**

» Learn **CPR** and **first aid**

» Lock away **medicine, cleaning products, and pesticides**
» Call Poison Control at 1-800-222-1222

» Choose the right **car seat** for the child's age, weight, and height
» Buckle Up! Every Ride, Every Time!

For more information please visit *Healthy Mothers, Healthy Babies* at **HMHB.ORG**

EVERYONE IS RESPONSIBLE FOR **KEEPING KIDS SAFE**

The vast majority of childhood injuries are preventable. The risk of injuries can be reduced by making a few practical changes to your home and environment.

- Be attentive
- Set a good example
- Teach children how to keep safe
- Share safety instructions with family, friends, and neighbors
- Be aware of the need for additional safeguards as your child grows



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FOR MORE INFORMATION CALL
954-831-8210

DEATHS FROM **DROWNING** AND **UNSAFE SLEEP** ARE **100 PERCENT** PREVENTABLE