



# Sheriff Gregory Tony

reminds you to  
**keep your kids safe in  
the water!**



## Drowning is **PREVENTABLE!**

Drowning is **SILENT**. There are **NO WARNING** sounds or splashing associated with a drowning accident.

- The majority of drownings occur in residential swimming pools while children are unattended.
- Install alarms on all doors leading to the water.
- Ensure there are multiple layers of protection, including constant, close adult supervision, gates with self-closing latches, alarms, and rescue aids. It takes as little as 20 seconds and two inches of water for a child to drown.
- Keep an eye on your child. DO NOT rely on others to watch your kids. Avoid distractions and stay off your cell phone.
- Never leave a child alone near the water. If a child is missing, check the water first.
- Establish a Water Watcher – an adult responsible for supervising children in the water. Be close enough to reach out and touch a child under the age of four while in the water.





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wants you to know these important  
**water safety tips:**



Pools and spas should be equipped with a **self-closing gate or barrier**.

Install **alarms on all doors** leading to the water.

Enroll your child in **swim lessons**.

**Learn** how to perform **CPR**.

If a child is missing, **check the water first**.

Keep a **phone** and **rescue equipment** poolside.

Stay off your cell phone. **ALWAYS provide constant**, close adult **supervision** of children.

**Remove** any **toys** that may attract children to the pool area.

Empty all **tubs, buckets, containers** and **water tables** immediately after use.

## Water Emergency Plan

1. Call 9-1-1
2. Remove the victim from the water
3. Perform CPR if necessary

*If you would like a representative from BSO to speak to your community or organization about child water safety, contact your local BSO district office or call 954-831-8210.*

## Conventional CPR

1. GIVE TWO BREATHS

If not breathing normally, pinch the nose and cover the mouth with your mouth and give two full breaths.

2. PUSH DOWN HARD AND FAST 30 TIMES

Position your hands in the center of the chest placing one hand on top of the other. Push down hard and fast 30 times pressing down on the chest at least two inches.

3. REPEAT STEPS 1 AND 2 UNTIL HELP ARRIVES.



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